

Forest Hill Church

presbyterian



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Rev. Dr. John C. Lentz, Jr., Pastor
Rev. Lois Annich, Interim Assoc. Pastor
Rachel McDonald, Interim Assoc. Pastor
Rev. Tricia Dykers-Koenig, Parish Assoc.

Anne Wilson, Director of Music
Kate Burleigh, Dir. of Children's Ministries
Shannon Headen, Dir. of Youth Ministries

Forest Hill Church: diverse, inclusive and welcoming

Service of Worship
March 5, 2017 at 11:00 am
First Sunday in the Season of Lent
Celebration of Holy Communion

Welcome! Thank you for joining us today for worship.

This morning we celebrate the Eucharist (the sacrament of the Lord's Supper, or Holy Communion) by intinction (dipping the bread into the cup).

We also provide a gluten-free alternative. After receiving the elements you may come to the railing to receive a blessing from the pastors.

Prayer of Preparation

Bless us, O God, with a reverent sense of your presence, that we may be at peace and worship you with all that we have and all that we are; through Jesus Christ our Lord. Amen.

Welcome

Prelude

J. S. Bach

"Adagio" (Sonata in G Major)

Julie Andrijeski, violin

Greeting Our God with Joy

Call to Worship

Peter Williams

Leader: Jesus' ministry to the world began in the wilderness where the Spirit led him.

People: **As we begin our Lenten journey, let us obediently follow where the Spirit leads.**

Leader: Jesus faced vulnerability and temptation in the wilderness.

People: **As we begin our Lenten journey, let us learn from Jesus.**

Leader: In the wilderness Jesus affirmed who and whose he was.

People: As we begin our Lenten journey let us commit ourselves to prayer, study, and worship.

Leader: May we draw closer to God in this hour and in this holy season.

All: Come, let us worship God.

*** Processional Hymn No. 165**

“The Glory of These Forty Days”

**please stand if able*

Renewing Our Relationship with God

Prayer of Confession

Holy God, giver of life and forgiver of sin, we come to you now with hope: hope that you will always love us, hope that you will not hold our sin against us, hope that you will turn us around from what is evil toward what is good. Walk with us in this holy season, and help us to look clearly at our lives and the world, that we may embrace all with love. Through Christ we pray, Amen.

Time of Silent Confession

Kyrie eleison (*Lord, have mercy*)

J. S. Bach

Affirming the Good News in Our Lives

Assurance of Pardon

Gloria

J. S. Bach (from *Mass in B Minor*)

Opening Our Hearts to God's Word

Minute for Mission

Ron Schmidt on behalf of the Nominating Committee

Family Meditation

Elders Sharon Shumaker and Laurie Logan
“Lenten Prayer Loom”

Scripture Lesson

Matthew 4: 1-11

Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted forty days and forty nights, and afterwards he was famished. The tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." But he answered, "It is written, 'One does not live by bread alone, but by every word that comes from the mouth of God.'" Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down; for it is written, 'He will command his angels concerning you,' and 'On their hands they will bear you up, so that you will not dash your foot against a stone.'" Jesus said to him, "Again it is written, 'Do not put the Lord your God to the test.'" Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendor; and he said to him, "All these I will give you, if you will fall down and worship me." Jesus said to him, "Away with you, Satan! for it is written, 'Worship the Lord your God, and serve only him.'" Then the devil left him, and suddenly angels came and waited on him.

After the reading

Leader: Hear what the Holy Spirit is telling God's people.

People: Thanks be to God.

Sermon

Rev. Lois Annich

"Don't Bite the Hook"

Ritual of Friendship

Offering

Offertory

J. S. Bach (from *Mass in B Minor*)

"Dona Nobis Pacem" (Grant us peace)

* Response



5 Take my life_ and_ let it be con - se - crat - ted, Lord, to_ thee;

8 take my mo - ments and my days;_ let them flow in

cease - less_ praise;_ let them flow in_ cease - less praise.

* Prayer of Dedication

Eucharist

Invitation

Great Thanksgiving

Leader: The Lord be with you.

People: And also with you.

Leader: Lift up your hearts.

People: We lift them up unto the Lord.

Leader: Let us give thanks to the Lord our God.

People: It is right to give our thanks and praise.

Sanctus

John Merbecke

Prayers of the People

Lord's Prayer

Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our debts as we forgive our debtors; And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever. Amen.

Communion of the People

Music during Communion

J. S. Bach

“Sarabande” (Sonata in D Minor)

Prayer after Communion

God of compassion, through your son Jesus Christ you reconciled your people to yourself. Following his example of prayer and fasting, may we obey you with willing hearts and serve one another in holy love; through Jesus Christ our Lord. Amen.

Going Forth to Live as God’s People

* Closing Hymn No. 694

“Great God of Every Blessing”

* Commission and Blessing

Please be seated for the postlude

Postlude

J. S. Bach

“Presto” (Sonata in G Major)

* Passing of the Peace



Welcome Visitors!

We look forward to greeting you and answering any questions you may have. Welcome bags are available in the foyers and the narthex. Take one home with you! Be sure to visit our website, www.fhcpresb.org, for a list of upcoming events, education programs for all ages, and past sermon texts and audio.

Please join us in wearing a name tag so that we might greet you. Our ushers have hearing devices, large print editions of the bulletin, activity bags for children staying in worship, and directions to our nursery for babies and young children.

Notes & Announcements

Today's music: Today we welcome guest violinist Julie Andrijeski, Artistic Director of the Atlanta Baroque Orchestra. Julie teaches Baroque Music and Dance Ensembles at Case Western Reserve University and Baroque Violin at the Cleveland Institute of Music.

Chancel Flowers: Today's flowers are donated by Sue and Scott Lafferty in loving memory of their children Sarah, Douglas and Daniel, and in honor of Christine and Abel, Juliann and TJ, Peter, and AJ; and by the Cameron family in loving memory of Donald B. Cameron.

Prayers are requested this week for the following: Max Harmon, Wafa Kuri, Keith Logan, Robin Richards, Robert Ruggeri, George Sentell, Joy Stang, and Dorothy Turick.

Please remember these homebound members in your prayers: Marge Drollinger, Emma Jane Gibbs, Iris and Al Gilbert, Ron Klein, Emelia McGuire, Joyce Peters, Jack Quinn, Margie Stauffer, Elaine Tapié, and Lorian Thomas.

The Deacons encourage you to stop by the Greeting Card Table in Fellowship Hall before or after worship to sign a card for one or more of our homebound members. We will address and mail the card for you.

Today Is Hunger Sunday Any cash or checks in envelopes marked Hunger will be used 100% for support of hunger programs. Each month we send the money to the Hts. Emergency Food Cupboard (Disciples Church, Cleveland Hts.), the New Covenant Lutheran Church Hunger Center (East Cleveland), the Presbyterian Hunger Program in Haiti, and Forest Hill Church's Abundance Pantry.

This Month's Ushers Thank you to head usher Roger Heineman and today's ushers. Please contact the church office if you are interested in joining an usher team.

Care Group: The Eden Care Group is responsible for assisting the clergy in meeting members' needs during March. Please call the church office to report an illness, hospitalization, family emergency, birth or death. Information will then be passed on to the Care Group leaders.

✦ Members of this month's Care Group are:

Kathy Carr, Deacon leader	Carol Leslie
Doris Allen	Steve Marunowski & Peg Weissbrod
Nathan & Lane Baldwin	Clayton & Julie Minder
Mary Ball	Ron Polderman & Carol Smith
Kiva Bohanon	Lorraine Ranchod
Kathy & Bruce Carr	Elizabeth Shaw
Jane & Derek Duncan & family	Carolyn Smith
Jeff Dyck & Lara Troyer & family	Jeff & Anne Smith
Julie Lafferty Ely	Quentin Smith & Sylvia Herd
Kris & Bill Fay	Tammy Steele
Carrie Fister	Elaine Tapié
Tim & Leigh Henderson	Elaine Turley
Bob & Pat Jeffreys	Paul & Katie Weissbrod
Sue & Scott Lafferty	

Coming Up

THIS WEEK

Bible Study: The lessons for this week are **Genesis 12: 1-4a; Psalm 121; Romans 4: 1-5, 13-17; John 3: 1-17.**

Bible and Bagels discusses next Sunday's text(s) on Wednesday mornings from 7:30 to 8:30. All are welcome!

Future Heights Forum: Future Heights will host a vacant properties forum on March 7 at FHC at 6:30 pm. Presenters include April Urban, a research associate at Case Western Reserve University's Center on Urban Poverty and Community Development; **Kermit Lind**, clinical professor emeritus at Cleveland-Marshall College of Law at Cleveland State University (CSU); and Mark Wiseman, University Heights City Council member and principal of Wiseman Consulting.

Greater Cleveland Congregations: Not all in! Save March 9 – that's the date of GCC Public Hearing on the Q deal. 7 pm at Elizabeth Baptist Church; carpools will leave from FHC at 6:00. See p. 13 for additional information.

Hilltoppers: Hilltoppers will meet Friday, March 10 at 1 pm in Fellowship Hall to hear Dave Neff's "Peruvian Panorama" presentation. All are welcome!

The Group: The Group will meet on Saturday, March 11 at 6:30 pm at Barb Hansen's home, 9104 Idlewood Drive, Mentor, OH 44060 to hear Dave Neff's "Peruvian Panorama" presentation. Details have been emailed and are in the March *TOWER*. All are welcome!

RSVP to Barb Hansen (BJhansen47@gmail.com or [440-255-5514](tel:440-255-5514)).

NEXT SUNDAY

Daylight Saving Time: Move your clocks AHEAD Saturday night! Daylight Saving Time begins Sunday morning.

Adult Education, 9:30 in South Hall Dr. Lentz will continue the 8-week series on the Sacraments: “Equipping the Saints for Ministry.” First up: Baptism. Who gets baptized? Why do we baptize? What does it mean?

Books! Clear out your bookshelves and pass along donations to Abundance Pantry’s guest book cart. We’re looking for books for children (from board books to young adult chapter books) as well as novels and short stories for adults. Drop your donations on the library cart in Fellowship Hall. Thank you!

From the Race and Inclusion Committee: The Maltz Museum is featuring *This Light of Ours: Activist Photographers of the Civil Rights Movement*, more than 150 black-and-white images chronicling the Southern Freedom Movement. We are planning a trip to the museum next Sunday, March 12, after church (arrive at 1:30; the museum closes at 5:00). The cost is \$12 for adults, \$10 for seniors and students, and \$5 for children (ages 5-11). Please let us know ASAP so we can arrange for a tour. Look for us in Fellowship Hall or email Diana Woodbridge (Diana@ninthrung.com) or Ron Register (r_register@chuh.org).

Staff Emails

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Anne Wilson	Music	<u>annew@fhcpresb.org</u>

Cover image: from the Forest Hill Church website

This list circulates on the internet from time to time, and has made a showing this year. I'm not sure of its origins; it seems to have Roman Catholic roots.

19 things you might consider giving up this Lent (and beyond)

1. **Fear:** God is on my side. In Him I am more than a conqueror.
2. **The need to please everyone:** I can't please everyone anyway.
3. **Envy:** I am blessed. My value is not found in my possessions, but in my relationship with my Loving Creator.
4. **Impatience:** God's timing is the perfect timing.
5. **Sense of entitlement:** The world does not owe me anything. God does not owe me anything. I live in humility and grace.
6. **Bitterness and Resentment:** The only person I am hurting by holding onto these is myself.
7. **Blame:** I am not going to pass the buck. I will take responsibility for my actions.
8. **Gossip and Negativity:** I will put the best construction on everything when it comes to other people. I will also minimize my contact with people who are negative and toxic and bring other people down (*and will pray for them instead*).
9. **Comparison:** I have my own unique contribution to make and there is no one else like me.
10. **Fear of failure:** You don't succeed without experiencing failure. Just make sure you fall forward.
11. **A spirit of poverty:** Believe with God that there is always more than enough and never a lack.

12. **Feelings of unworthiness:** You are fearfully and wonderfully made by your creator. (see Psalm 139)
13. **Doubt:** Believe God has a plan for you that is beyond anything you could imagine. The future is brighter than you could ever realize.
14. **Self-pity:** God comforts us in our sorrow so that we can comfort others with the comfort we ourselves have received from God.
15. **Retirement:** As long as you are still breathing, you are here for a reason. You have a purpose to influence others for Christ. That does not come to an end until the day we die.
16. **Excuses:** A wise man once said, if you need an excuse, any excuse will do.
17. **Lack of counsel:** Wise decisions are rarely made in a vacuum.
18. **PRIDE:** Blessed are the humble.
19. **Worry:** God is in control and worrying will not help.

Greater Cleveland Congregations

#NOTALLIN on the Q Deal –

Public Hearing and Strategy Assembly Thursday March 9

at 7 pm, Elizabeth Baptist Church 6114 Francis Ave

Carpools will leave FHC at 6. **RSVP:** Contact Diana (216-598-1393) or Jennifer (216- 526-9844) TODAY to let us know if you are coming and wish to carpool.

What we ask of Cuyahoga County Council:

- Create a matching Community Equity Fund as was done in Milwaukee, Baltimore and Washington, DC. (This would be a County managed fund)
- Commit to spending money that helps the neglected neighborhoods of Cleveland for significant housing and business development, employment opportunities, and a mental health facility as a fiscal and moral alternative to prison.
- Explore means of committing budgetary funds to the neighborhoods.
- Slow down the deal process and make it more transparent so the public can have input.

Factors to consider:

- GCC is **NOT** against designating resources to the Q renovation. Cuyahoga County and Cleveland would commit \$160 million of public funds. Less than half of the total projected cost (\$282 million) will come from Cavs owner, Dan Gilbert.
- Although there will not be new tax dollars for the renovation, the deal diverts money that might be spent in the

neighborhoods. Downtown has been the recipient of hundreds of millions of dollars of tax subsidies and abatements over the last two decades.

- Sports arenas bring revenue and jobs to the city, but not as much as we are led to believe. Investing in our neighborhoods and residents also has financial benefits to the city.

Make your concern known to your County Council member through **phone calls and emails.**

Calendar: March 5-12, 2017

Sunday, March 5: 1 Lent

Pancake breakfast (a fund-raiser for the summer youth trip to Montreat) will be served before and after worship



- 9:30 Adult Education
Descant Choir followed by
Descant Choir Activity
Childcare for children thru Kdg
- 10:30 Continental Breakfast
Chancel Choir
- 11:00 WORSHIP: Communion
Children's Worship Class (preK-K)
Pathways children will attend church with their families
- 12:15 Coffee and Fellowship
- 12:30 Prayer Group class
- 3:00 Recital: Students of Ina Onnafrei

Monday, March 6

- 6:00 pm Progress not Perfection (AA)
- 7:00 pm Al Anon
- 7:30 pm Borton Group (AA)
Boy Scout Troop #403

Tuesday, March 7

- 1:00 pm Abundance Pantry
- 5:00 pm Fitness Fusion exercise class
Apollo's Fire rehearsal
- 6:30 pm Future Heights Community Forum
- 7:00 pm Stewardship Ministry mtg
- 7:15 pm BHM Coordinators mtg

Wednesday, March 8

- 7:30 am Bible and Bagels
- 12:30 pm Wed. Women's AA
- 5:00 pm Apollo's Fire rehearsal
- 7:00 pm Ministry meetings

Thursday, March 9

- 5:00 pm Fitness Fusion exercise class
- 6:20 pm Voices in Bronze
- 6:30 pm GCC Public Assembly
- 7:00 pm Apollo's Fire concert
- 7:30 pm Chancel Choir
Forest Hill Swim Club

Friday, March 10

- 10:00 am Al Anon
- 1:00 pm Hilltoppers

Saturday, March 11

- 4:00 pm Young Families get-together
- 6:30 pm The Group (at Barb Hansen's)



Sunday, March 12: 2 Lent

- 9:30 Adult Education
Descant Choir followed by
Descant Choir Activity
Childcare for children thru Kdg
- 10:30 Continental Breakfast
Chancel Choir
- 11:00 WORSHIP
Children's Worship Class (preK-K)
- 11:15 Pathways to the Promise Land
- 12:15 Coffee and Fellowship
Sine Nomine Choir
- 12:30 Prayer Group class
- 1:30 Visit to Maltz Museum exhibit
- 4:00 Labre Project

